

Building Resilience

Training Details:

Course Tagline	How to help learners, especially Vulnerable Children and & Young people become more emotionally and socially resilient.
Course Length	Half Day 2.5 hours
Course Outline/Description	This course will consider <ul style="list-style-type: none"> • The factors and experiences that cause low emotional resilience in Children and young people • How to identify these in individual children and young people • The strategies that can be used with individuals to build resilience • Creating an school environment that can build resilience for every child/young person
Target Audience	Anyone working in schools or other settings with children and young people. Particularly useful for designated teachers for Looked After Children, SENCOs and staff who work in inclusion or pastoral support.
Course Outcomes	By the end of the course delegates will understand why some children have low emotional and social resilience and they will have explored a range or strategies that will build resilience.
Course Trainer	Sheila Mulvenney

Pricing - if arranged by Attuned Education

Cost per delegate	£50 payable via website www.attunededucation.com
Refreshments	Included in cost

Pricing if arranged by a school or other organisation

Cost of training	£500 invoiced to course organiser
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