

Helping Children develop Positive Emotional Mind-Sets

Training Details:

Course Tagline	Practical strategies to help children and young people have positive mind sets about themselves and their emotions
Course Length	Half Day 2.5 hours
Course Outline/Description	This course will consider <ul style="list-style-type: none">• What a mind-set is and how it develops• The impact mind-sets can have on behaviour• How unhelpful mind sets can be challenged• How to use scripts to develop positive mind-sets
Target Audience	Adults working with children and young people in any setting but particularly useful for designated teachers for Looked After Children, SENCOs and staff who work in inclusion or pastoral support.
Course Outcomes	By the end of the course delegates will be able to identify the mind sets that may operate in learners and the impact these can have - they will also have strategies to use to help them develop more positive mind sets.
Course Trainer	Sheila Mulvenney

Pricing - if arranged by Attuned Education

Cost per delegate	£50 payable via website www.attunededucation.com
Refreshments	Included in cost

Pricing if arranged by a school or other organisation

Cost of training	£500 invoiced to course organiser
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